NYU Wagner’s Hunger and Food Security in Global Perspective (2250)
2012 Course Itinerary at NYU Accra

Sunday, June 17 (student check-in day) – Friday, July 6 (student check-out day), 2012

Sunday, June 17  Student Arrival Day

Diana checks into Solomon’s Lodge

Students are picked up at Accra Kotoka airport throughout the day and evening. Students just arriving will be taken to Golden Tulip Hotel to exchange money. Students can exchange at the airport if there is an ATM, otherwise exchange rate may not be beneficial.

Students who arrived before June 17 in Accra must meet at 12:00 noon at the Golden Tulip Hotel, Liberation Road for travel to NYU Accra.

Students check into double and single rooms at NYU Accra (Solomon’s Lodge) throughout the day. NYU Accra’s Community Resource Assistants (CRAs, similar to RAs) will provide students with room assignments, keys and tour of Solomon’s Lodge.

6:00 p.m.  Group Dinner at Sunshine Salads (included in student activity fee)

Monday, June 18  Orientation, Guest Lecture, Forex Visit

Breakfast on own at dorm. Breakfast groceries (cereal, milk, bread, peanut butter, crackers, etc.) will be stocked in kitchen for the first three days of the course. CRAs will also photocopy each student’s passport and provide orientation packets.

8:45 a.m.  Morning walk to NYU Accra academic center with CRA

9:00 – 10:30 a.m.  Akwaaba! Orientation

- Meet the NYU Accra staff and student/staff introductions
- Overview of Ghana with Director NYU Accra Akosua Anyidoho
- Health and safety in Accra; NYU Accra campus and resources; housing and policies; living in Accra; transportation; Cultural dos and don’ts
- Review of Wagner program itinerary and related logistics

10:30 - 10:45 a.m.  Light refreshments (drinks and snacks)

11:00 a.m. – 1:30 p.m.  Orientation to Accra (via bus) with Nat Amarteifio, an architectural historian and former Mayor of Accra

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1:30 – 3:00 p.m.  Group lunch (at Hospitality Headlines/included in student activity fee)

3:00 p.m. – 3:30 p.m.  Change money at Forex Bureau with help of NYU Accra CRA and buy mobile phones. Students will have 2-3 options of phones to choose. Phones are generally about $40-50 and about $10 to add minutes for time you are in Ghana.

3:30 p.m. – 4:30 p.m.  Show students where to buy food/groceries (Koala supermarket). Students will need to self-pack lunch to eat on the road on June 20 and June 21. Be sure to purchase groceries with this in mind.

5:30 p.m. – 6:30 p.m.  Overview and Q&A for students with John Gershman and Diana Beck in dorm communal meeting area.

6:30 p.m.  Bus departs dorm for group dinner

7:00 p.m.  Group dinner at Tante Marie (included in student activity fee)

**Tuesday, June 19  Diet in Accra and School Feeding Program**

Breakfast on own at dorm

9:30 a.m.  Depart dorm for NYU Accra Academic Center classroom

10:00a.m-11:30 a.m.  Guest lecturer: Dr. Ama de-Graft Aikins  
Topic: Nutrition and Diet Issues in Contemporary Ghana  
Senior Lecturer  
Regional Institute for Population Studies  
University of Ghana  
Visiting Fellow  
LSE Health, London School of Economics and Political Science  
027 708 9599

11:30 – 12:30 p.m.  Group lunch together at NYU Accra Academic Center with Dr. Ama via Sunshine Salads

12:30 p.m.  Vans return to Solomon’s Lodge

1:30 p.m.  Vans Depart for Ghana School Feeding Program

2:00 p.m.  Ghana School Feeding Program  
Behind State House  
Adams Alhassan  
Office: 0302-2688451  
adamsrandy2002@yahoo.com

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4:00 p.m. Vans depart for Kwame Nkrumah Memorial (included in student activity fee) followed by Arts Center (TBD)

6:00 p.m. Vans return to dorm

6:30 p.m. Students arrange own dinner

**Wednesday, June 20 Urban Agriculture**

Breakfast on own at dorm

9:30 a.m. Vans depart for Blue Skies fruit juice manufacturing co.

11:00 a.m. Arrive at Blue Skies for lecture with Mr. Seth K. Dei, Chairman/CEO, Blue Skies and tour

1:00 p.m. Lunch served at Blue Skies

2:00 pm Depart for Accra

3:30pm Arrive back at NYU Accra

5:00 p.m. Pre-market visit discussion at dorm common area

6:00 p.m. Students arrange own dinner

**Thursday, June 21 World Food Program and Kaneshi Market Visit**

Breakfast on own at dorm
You will need to pack and bring your own lunch today.

9:00 a.m. Vans Depart for World Food Program

9:30 a.m. Arrive at World Food Program
Speaker: Francis Sarpong-Kumankuma
T: 0302 785 364
M: 0264333593
No. 7, 7th Rangoon Close, Cantonments, Accra

TBD Following WFP meeting vans depart for Kaneshi Market (which has a farmer’s market around it) with CRAs (Kelvin Haizel& Adwoa Nyarko) and Kingsley Nyarko, Special Programs Coordinator to help students navigate market. Students visiting market as part of coursework assignment. *Note: Students may also want to buy fabric
in the market since a seamstress will be at the residence in the evening (see 7:00 p.m. below).

Self-packed lunch: You may eat lunch on vans before or after the tour.

TBD Vans return from Kaneshi Market to dorm with CRAs

6:00 p.m. Debrief market visit in residence/dorm common area

7:00 p.m. NYU Accra’s seamstress contact. Marjorie, will come to the residence to meet you and measure you if you wish to have any clothes made. Be sure to buy fabric at Kaneshi Market earlier in the day if you want to have clothes made by the seamstress.

7:00 p.m. Students arrange own dinner

Friday, June 22 TBD and AGRA

Breakfast on own at dorm

Morning Free time

2:00 p.m. Vans depart for AGRA

2:30 Organization: Alliance for Green Revolution in Africa Agra-alliance.org Location: #6 Agostino Neto Road, Airport Residential Area, PMB KIA 114 Contact at AGRA: Genevieve Deamesi +233 (0) 21-740660/ 740679 Gdeamesi@agra-alliance.org Speaker: Dr. Andre Bationo

4:00 p.m. Vans depart for dorm

5:00 p.m. Lecture at NYU Accra, Classroom 2 with Dr. Edward Salifu Mahama, Research Fellow / Professor, University of Development Studies, Tamale, Topic: Food Security and Migration: A Case Study of the Upper West Region

6:00 p.m. Students arrange own dinner

Saturday, June 23 Leave for Touring Trip: Day 1: Cape Coast
Breakfast on own at dorm  
Students should bring snacks for the trip.

6:30 a.m. Bus depart dorm for Cape Coast with NYU Accra’s Kingsley Nyarko and Christa Sanders, Associate Director

9:00 a.m. Estimated time of arrival at Cape Coast. Eat large brunch at Coconut Grove Hotel (included in student activity fee)  

10:00 – 11:30 a.m. Tour UNESCO World Heritage Site, Elmina Slave Castle with guide, Mr. Ato Annan

12:00 p.m. – 2:00 p.m. Site visit: Fisherfolk Community in Elmina  
Organization: Ghana Inshore Fisheries Association, Elmina branch

2:00 p.m. Bus departs for Coconut Grove Resort hotel in Cape Coast  
Stop for snacks

5:30 p.m. De-brief and pre-market visit planning discussion at hotel

7:00 p.m. Dinner and bonfire at hotel (covered in student activity fee)

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**Sunday, June 24  Travel to/Visit Kumasi**

Breakfast at Coconut Grove Hotel (included in student activity fee)

8:30 a.m. Depart for Kumasi, approximately 4-6 hour drive.

12:00 p.m. Eat NYU Accra-packed lunch during trip to Kumasi (packed lunch provided for you on this day and it is covered in student activity fee; dietary needs will be considered in choices)

2:00 p.m. Arrive Kumasi and check-in to Yegoala Hotel (single rooms) (included in student activity fee)  
http://www.yegoalahotel.com/

2:30 p.m. Depart Yegoala Hotel for Kumasi Market (guided tour of market)

5:30 p.m. Debrief market visit
6:30 Buffet dinner together at Jofel’s restaurant (dinner cost not included in student activity fee, but cash will be collected from you in advance in Ghana since NYU is a party of 23 total and NYU Accra will have to pay restaurant in advance)  
http://www.jofelcateringservices.com/restaurants.php
Or, dinner on your own

**Monday, June 25**  
**Around Kumasi**

Breakfast at Yegoala Hotel (covered in student activity fee)

9:00 a.m. Bus departs hotel for Ashanti Palace

9:30 a.m. Tour of Ashanti Palace

Rest stop for lunch snacks at Bonjour

11:15 a.m. Depart for Ntonso

12:00 a.m. Visit Adinkra cloth printing workshop (Ntonso community)

2:00 p.m. Kumah Farms (45-min. drive, near KNUST)  
www.kumahfarms.com
Contacts: Joe and Nana  
Mobile: 0275898967

4:00 p.m. Trip to grocery store to purchase food. You will need to bring your own self-packed lunch on June 26, 27 and 28 so please make purchases at grocery store with this in mind since you’ll be stocking up on 3-days worth of lunches and any snacks you wish to bring.

Evening Dinner on your own

**Tuesday, June 26**  
**Visit Millennium Village Project Office and Bonsaaso**

Breakfast at Yegoala Hotel (covered in student activity fee)

7:30 a.m. Jeeps depart Kumasi for Bonsaaso to visit Millennium Villages Project office and site.

11:00 a.m. – 3:00 p.m. Millennium Villages Project visit

12:00 p.m. Eat self-packed lunch
4:00 – 7:30 p.m. Jeeps returns to Yegoala Hotel
7:30 p.m. Dinner on your own

**Wednesday, June 27** Visit Kuapa KoKoo outside Kumasi

Breakfast at Yegoala Hotel (covered in student activity fee)

8:30 a.m. Vans/Bus departs Yegoala Hotel for Kuapa Kokoo Cooperative office and farms
10:00 a.m. Site visit to Kuapa Kokoo Coop office and then out to farms
12:00 p.m. Eat self-packed lunch
3:00 p.m. Vans/Bus departs Kuapa Kokoo back to Yegoala Hotel in Kumasi
5:30 p.m. Debrief Kuapa Kokoo visit
7:00 p.m. Dinner on own in Kumasi

**Thursday, June 28** Depart for Tamale

Breakfast at Yegoala Hotel (covered in student activity fee)

7:00 a.m. Leave Kumasi for Tamale. Travel time could be 8 hours.
Lunch Eat self-packed lunch
Afternoon Check-in to TICCS
Early evening Dinner at TICCS (included in your student activity fee)

**Friday, June 29** Tamale: Visit to sites

7:00 a.m. Breakfast at TICCS
8:00 a.m. Visit CARE for Lecture with Dr. James Kombiok, Researcher/Consultant for CARE, Topic: *Using Irrigation to Enhance Food Security in the Northern Region.*
9:30 -10:30 a.m. Ministry of Agriculture overview
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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>Presbyterian Farmers’ Training and Child Development program</td>
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<tr>
<td>12:30 – 1:30 p.m.</td>
<td>Lunch at SWAD</td>
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<td>2:00 – 4:00 p.m.</td>
<td>Visit to Dr. Abdulai’s clinic, Shekinah and overview of services including “Meals on Wheels Program”</td>
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<td>6:00 p.m.</td>
<td>Dinner on your own</td>
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**Saturday, June 30  Tamale**

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<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Breakfast at TICCS</td>
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<tr>
<td>8:00 a.m.</td>
<td>Lecture with Dr. Al-Hussen Zakarai, Executive Director, Tamale Community Development and Advisory Youth Center (CODEYAC) Topic: <em>Islam and Food Security in the Tamale Municipality</em></td>
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<tr>
<td>9:30 – 10:30 a.m.</td>
<td>Mosque visit (Appropriate clothing required. Note: Clothes should cover arms and must be below the knee.)</td>
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<tr>
<td>11:00 a.m. – 12:00 p.m.</td>
<td>Visit Tamale Market</td>
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<td>12:30 – 1:30 p.m.</td>
<td>Lunch on your own</td>
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<tr>
<td>6:00 p.m.</td>
<td>Dinner on your own</td>
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**Sunday, July 1   Tamale**

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<tr>
<td>7:00 a.m.</td>
<td>Breakfast at TICCS</td>
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<td>8:00 a.m.</td>
<td>Visit Tono Irrigation Project. Lecture with Mr. David Azupogo, Manager, Farmer’s Training Center, Bolgatanga, Topic: <em>Food Security in the Upper West Region</em></td>
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<td>12:00 a.m.</td>
<td>Lunch on your own</td>
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<td>1:00 – 4:00 p.m.</td>
<td>Visit Shea Butter Coop - Akomo Group</td>
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<td>5:00 p.m.</td>
<td>Arrival back at TICCS</td>
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<td>Dinner (Optional Pizza at Jungle Bar, TICCS, price TBD)</td>
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Monday, July 2          Driving day: Tamale to Accra

Driving time to Accra is 10-12 hours

4:30 a.m.               Depart Tamale for Accra. TICCS will pack a small breakfast (egg sandwich and other vegan option) for eating on the bus (covered in student activity fee).

Lunch                  Stop in Kumasi at Bonjour for lunch

5:00 p.m.               Arrive at NYU Accra and dinner on own

Tuesday, July 3          Travel Day and Free Day in Accra

Morning                 Visit Esoko http://www.esoko.com/about/whatis.html#farmers

2:00 p.m.               Depart NYU Accra for USAID

2:30 p.m.               Arrival at USAID and security check

3:00 p.m.               Nino Nadiradze, Deputy Office Director, USAID, Economic Growth Office USAID/Ghana
                        Topic: Feed the Future and USAID agriculture and health/food security initiatives
                        Tel: 233-030 274 1322

Evening                 Dinner on own

Wednesday, July 4        TBD in Accra

Breakfast on own at dorm

TBD                      Possible Day trip to Volta Region (Visits to Banana Plantation and Wli Falls)

Thursday, July 5         TBD in Accra

Breakfast on own at dorm

Morning                 Free time

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2:00 p.m. Reflection and feedback session

4:30 p.m. Visit Streetwise (visit in afternoon when children are back from school)

6:00 p.m. Farewell group dinner at Hospitality Headlines (included in student activity fee)

**Friday, July 6 Student Departure Day**

Breakfast on own at dorm

Airport drop off in late afternoon and evening to Kotoka International airport for the students departing Ghana. Students staying in Accra will be dropped off at central location in Accra. Location to be determined during course in June.

Students must check out of NYU Accra housing on July 6 (up until flight departure, even if an evening flight). Students may not stay in dorms as of night of July 6.

Important note to all students: must arrive at Accra airport at least 2 hours before flight time. There can be significant delays with checking in and boarding process at airport, hence leaving ample time is required.