Building Effective Teams – Advanced Strategies  
PADM-GP 2113, EXEC-GP 2113  
Winter 2024

Instructor Information
Professor Patricia Satterstrom
Email: patricia.satterstrom@nyu.edu
Office hours: On Zoom by appointment, please email Professor Satterstrom.

Course Information
Section Information
Time: January 5, 6, 12, and 13, 9:30 am to 4:30 pm ET
Location: Zoom: https://nyu.zoom.us/j/91266279446
Course Assistant: Ashif Hassan (ah3248@nyu.edu)
CA Office Hours: On Zoom by appointment, please email Ashif
Wagner Writing Center: https://wagner.nyu.edu/portal/students/academics/advisement/writing-center#
Ask a librarian: https://library.nyu.edu/ask/

Course Description
This four-day course aims to develop your ability to build, lead, and participate in high-performing teams. We will draw from research in psychology, management, strategy, behavioral economics, and sociology to discuss best practices for designing, launching, participating, and coaching in-person and online teams. We will also focus on the benefits and challenges of making difficult decisions in challenging environments; working across demographic, functional, and cognitive differences; creating structures that support creativity, collaboration, psychological safety, and voice; understanding conflict; and using the congruence model for problem-solving. This course will be of most value to those who have some work experience.

Course Material
You are expected to be prepared for class discussions and participate fully. You are encouraged to share your experiences relevant to the topics and cases we are exploring.
- NYU Brightspace: You will find the course syllabus, readings, slides, discussion boards, and assignments here. If you have not activated your NYU Net ID or have forgotten your password, you can activate or change your password at Start NYU (http://start.nyu.edu).
- Everyone has to buy one copy of this Harvard Simulation (https://hbsp.harvard.edu/import/1120939) for $16.25.
- There are two cases and one reading you need to buy from Harvard unless you already have them (https://hbsp.harvard.edu/import/1120940) for $18.65.
To keep costs down, I am providing you with all the articles and exercises that copyright allows me to post in NYU Classes. Most Harvard Business Review articles are in the NYU library (http://proxy.library.nyu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=bth&jid=KBS9&site=ehost-live). If this link does not work or the article was printed before 2007, you can:

   b. Click the first result in BobCat, then on the next page select the second option with articles after 1922.
   c. Select "EBSCOhost Business Source Complete: Available from 1922."
   d. Click "Search within this publication," then enter the article title and change the search box to search the "Title" of documents.
   e. The first result should have the full text and PDF of the desired article
   f. Alternatively, you get a few free articles from HBR a month but save one for the Ferrazzi article that is not available

Course Objectives
Students who successfully complete this course will be able to:

- Decide when (and when not) to use a team at work
- Launch a team project effectively, including selecting team members and managing roles and responsibilities
- Facilitate key team processes, including decision making, conflict management, and inclusion of diverse team members
- Identify common problems that derail teams and strategies for addressing them
- Use best practices for complex teams (e.g., teams with rotating membership or geographically distributed members)

Assessment and Grading Policy

Class participation (10%)  
Your active participation is critical. Productive discussion depends on reading and analyzing the materials beforehand and coming to class ready to present a diagnosis of the problems presented and possible solutions. You are expected to attend every day-long class, have thoroughly prepared the assigned cases and readings, and participate fully in small group and class discussions.

Specific expectations are that you:

* Make valuable contributions about topics under discussion – spoken in class or written in the Discussion section of NYU Brightspace
* Accurately exhibit knowledge of assignment content
* Demonstrate excellent listening—respond appropriately to comments others make
* Bring up questions that need further exploration
* Clarify points that others may not understand
* Draw on personal experience or opinion when clearly relevant to class discussion
* Offer relevant, succinct insights and challenges to others
Demonstrate ability to apply, analyze, and synthesize course material

**Individual assignments (50%)**
Each student will complete two individual assignments that allow you to explore your understanding and learning about teams. Please see details on these assignments below:

1. Please write (1-page single-spaced, Times New Roman, font 12) or record (a video under three minutes via Brightspace) a reflection that: (1) briefly summarizes your key learning from Days 1 and 2 of the course; (2) identifies specific behaviors you will use to make your future teams effective based on this learning; and (3) describes how you will overcome barriers to engaging in these behaviors. Please upload written reflection to NYU Brightspace under Assignments, “Individual Assignment 1,” or post on Brightspace by **9 pm on Wednesday, January 10th**.

2. Please answer the following questions in 1-page or less: (1) in four sentences or less, summarize a problem or opportunity gap you have personally faced on a group or team; (2) bullet point some possible reasons for this problem or opportunity, (3) identify the person or group to whom you could propose a change, and (4) in a couple of sentences, describe two specific recommendation based on addressing this problem or opportunity. Please upload to Brightspace under Assignments, “Individual Assignment 2,” by **9 pm on Wednesday, January 10th**.

3. Please write (1-page single-spaced, Times New Roman, font 12) or record (a video under three minutes via Brightspace) a reflection that: (1) briefly summarizes your key learning from Days 3 and 4 of the course; (2) identifies specific behaviors you will use to make your future teams effective based on this learning; and (3) describes how you will overcome barriers to engaging in these behaviors. Please upload written reflection to NYU Brightspace under Assignments, “Individual Assignment 3,” or post on Brightspace by **9 pm on Wednesday, January 17th**.

4. Please choose one option below and submit it to “Individual Assignment 4,” or post on Brightspace by **9 pm on Friday, January 19th**:

   1. Take our launch document and edit it to fit the needs of your team / organization so that it could successfully be used in your setting in the future (to launch a new team or relaunch a team that needs it). Please include a cover page in which you explain your reasoning for the edits you made vis-à-vis the needs of your team or organization.
   2. Outline in 1-page a “Monday morning plan” for the small changes you can make in your organization to make teams more effective (e.g., around meetings, around naming conventions, around launch, etc.). Here are some guiding questions: What would you do differently? Who would be affected by this change? Who or what would get in the way of this change? Who are your allies in making this change? What about spreading this change? How would you know if this change is helping?
   3. In whatever format you think would be effective in your setting (e.g., short video, short podcast, blog post, short manual entry, onboarding material, email, etc.), share one or two
best practices you learned from this course with your colleagues or fellow students to help improve team effectiveness.

Team project (40%)
In your team project, please apply what you learned in class to one of your organizations. In four pages or less (single-spaced, 1-inch margins, and 12-point Times New Roman font), please provide a proposal to a senior member of the selected organization (e.g., CEO, manager, Dean, etc.) for how to improve team effectiveness in this organization. The proposal can be organized like a memo; if you use a different structure, make sure it’s clear with paragraph headings where appropriate.

This proposal should include:
- A brief executive paragraph. A couple of sentences on the problem (e.g., teams that did not meet their targets) or opportunity (e.g., use teams for a new project) and why your target should care. A couple of sentences on the root causes and a couple of sentences on your recommendations. Please specify your level of analysis – for example, all teams in the organization, teams in one division, or a particular team.
- Using the frameworks, readings, and discussions from class, please identify the root causes of the problem or explain why you think there’s an opportunity to use teams in a new way. You can use an approach similar to those we covered in class. For example, what was going on at the individual, team, and organizational levels? What does the communication and leadership structure look like? Why? Were teams launched? If not, why not? Were personality, cognitive, leadership style, and/or demographic differences raised and productively used? Was the team able to adapt to changes in the environment? Why not?
- Apply any of the concepts you learned in class to suggest how you might address these problems or craft teams to effectively address a new opportunity. What are your specific recommendations? Reasoning? Alternatives? How should your recommendations be implemented? What are the priorities? For example, how and when should poorly performing team be relaunched? How can you teams in your organization better use diversity? How can you better manage remote work?

Explain your reasoning clearly, succinctly, and convincingly. When you present your recommendations, make sure they are realistic and take the individuals, context, and timing into account (e.g., short-term versus long-term actions). You can include exercises, pictures, or figures as an appendix that will not count towards your page count. Please upload to NYU Brightspace under Assignments, “Team Project,” by 9:00 pm on Friday, February 2nd.

*You will be asked to complete a survey (will say “ITP”) about your team experience after you submit your final project.

Attendance.
Please arrive to class on time. Absences will result in an incomplete grade.

Late assignments.
Extensions will be granted on a case-by-case basis. Late submissions without prior permission will be penalized by 1/3 a letter grade per day (e.g., from A to A-).

**In-class norms for online sections.**
Ideally your video is on and you are on mute. When you want to speak, you can raise your Zoom hand or unmute yourself and make a comment – just be mindful not to speak over others. If you want to add the current conversation, please use a “thumbs up” emoji that will let me know to call you to comment on the specific topic we are discussing. If you need to go off camera to deal with something, feel free, just come back when you can. Try not to use backgrounds that are distracting to others. Participation is what makes this class great (in my opinion), but you may not always be ready to say something. Feel free to write your thoughts in the chat or the Discussion section of Brightspace. I will count your writing in the Discussion section toward your participation grade.

**Henry and Lucy Moses Center for Students with Disabilities at NYU**
Academic accommodations are available for students with disabilities. Please visit the Moses Center for Students with Disabilities (CSD) website and click on the Reasonable Accommodations and How to Register tab or call or email CSD at (212-998-4980 or mosescsd@nyu.edu) for information. Students who are requesting academic accommodations are strongly advised to reach out to the Moses Center as early as possible in the semester for assistance.

**NYU’s Calendar Policy on Religious Holidays**
NYU’s Calendar Policy on Religious Holidays states that members of any religious group may, without penalty, absent themselves from classes when required in compliance with their religious obligations. Please notify me in advance of religious holidays that might coincide with exams to schedule mutually acceptable alternatives.

**Statement of Academic Integrity**
Academic integrity is a vital component of Wagner and NYU. All students enrolled in this class are required to read and abide by Wagner’s Academic Code. All Wagner students have already read and signed the Wagner Academic Oath. Plagiarism of any form will not be tolerated and students in this class are expected to report violations to me. If you are unsure about what is expected and how to abide by the academic code, you should consult with me.
## Pre-Work

<table>
<thead>
<tr>
<th>Lesson</th>
<th>Topic</th>
<th>Complete by Friday, December 29th at 5 pm</th>
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<tbody>
<tr>
<td>Pre-work</td>
<td>Surveys and introduction</td>
<td>1. <strong>Complete</strong> free Myers Briggs survey: <a href="http://www.humanmetrics.com/cgi-win/jtypes2.asp#questionnaire">http://www.humanmetrics.com/cgi-win/jtypes2.asp#questionnaire</a></td>
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<td>2. <strong>Complete</strong> class survey:</td>
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<td><a href="https://nyu.qualtrics.com/jfe/form/SV_820t3CWy4zIMD7E">https://nyu.qualtrics.com/jfe/form/SV_820t3CWy4zIMD7E</a></td>
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<td>3. Please record a short (2 minutes or less) introduction of yourself on Brightspace in the Discussions section. Please include 1) your professional experience, 2) what you hope to learn and practice in Building Effective Teams, and 3) your career aspirations after NYU.</td>
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# Day 1: Foundations of Teams

**January 5, 2024**

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<tr>
<th>Lesson</th>
<th>Topic</th>
<th>Preparation</th>
<th>Activity in class</th>
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<tbody>
<tr>
<td>Lesson 1</td>
<td>Introduction &amp; factors that make teams effective</td>
<td>• <strong>Watch</strong> the introductory videos of your classmates – try to think of at least one recommendation to share with one classmate (e.g., an article that might be interesting to them, a class, talk, conference you’d recommend, etc.) and post it to their intro&lt;br&gt;• <strong>Prepare</strong> Snook, S. &amp; Polzer, J. (2004). Army Crew Team. Harvard Business School Case. 9-403-131. <em>In course pack.</em>&lt;br&gt;  - Why does the Varsity team lose to the JV team?</td>
<td>• Introductions&lt;br&gt;• Case study&lt;br&gt;• Slides</td>
</tr>
<tr>
<td>Lesson 3</td>
<td>Launching teams for success</td>
<td>• <strong>For reference</strong> Team Online Launch Document—we will use this in class&lt;br&gt;• <strong>For reference</strong> <a href="https://www.ceb.com/hr-leadership-council/ceb/hr-leadership-council-managing-virtual-teams-executive-brief/">Managing Virtual Teams Executive Brief</a>.&lt;br&gt;• <strong>For reference</strong> O'Leary, M. (2017). High Performing Team Launch Checklist&lt;br&gt;  - What topics are critical to cover in your team launches?&lt;br&gt;  - What have you learned from past launches across contexts?&lt;br&gt;• <strong>Optional reading</strong> on team charters</td>
<td>• Team launch&lt;br&gt;• Slides</td>
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**Day 2: Team Processes**

**January 6, 2024**

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<th>Preparation</th>
<th>Activity in class</th>
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</table>
• Slides |
• **Read** Seppälä, E. & Bradley, C (June 11, 2019). Handling negative emotions in a way that’s good for your team. *Harvard Business Review. NYU Library.*  
• **For reference** Video on *Building resilience in times of chaos*  
• Discussion  
• Slides  
• Meetings that work across styles |
| Lesson 6 | Leadership style & Reflection | • **Complete** Hersey & Blanchard leadership style survey – know your results for class poll  
• Slides |

**Assignment 1:** Individual reflection due 9 pm on Wednesday, January 10th.

**Assignment 2:** Individual problem identification due 9 pm on Wednesday, January 10th.

**Optional asynchronous assignment:**

- **Watch** this 12 minute video about how to run an effective meeting and think about how you would adapt this to your organization:  
  [https://www.youtube.com/watch?v=jtzXHre536M](https://www.youtube.com/watch?v=jtzXHre536M)
- **Watch** this 12 minute video about running virtual meetings with Prof Lindy Greer
### Day 3: Complex teams
#### January 12, 2024

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• Optional Personal Profile Tool | • Tip of the Iceberg Simulation  
• Slides |
• Slides |
| Lesson 9 | Virtual / Remote teams | • Watch Prof Tsedal Neeley discuss remote work and teams, McKinsey & Company Author Talks  
• Read Hill, N., & Bartol, K. (2018). Five ways to improve communication in virtual teams. MIT Sloan Management Review. NYU Library. | • Discussion  
• Slides |
# Day 4: Crisis teams

**January 13, 2024**

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<th>Lesson</th>
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<th>Preparation</th>
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  - What allowed the miners to survive, physically and psychologically, until they were found?  
  - How did the engineers, geologists, and politicians address the challenges they faced?  
  • Slides |
| Lesson 11 | Voice in Teams         | • **Read** Satterstrom, P., Kerrissey, M., & DiBenigno, J. Cultivating team voice.  
• **Read** Duhigg, C. 2012. *What Google Learned From Its Quest to Build the Perfect Team*. NYT  
  - What approaches have worked to allow people to speak up and be heard in your organizations? |  
  • Discussion  
  • Slides |
| Lesson 12 | Wrap                   | • Reflection, final questions, regroup with project team, course wrap                                                                                                                                                                                                                                                                     | Team project  
  • Slides |

**Assignment 3:** Individual reflection due 9 pm on Wednesday, January 17th.

**Assignment 4:** Individual action item due 9 pm on Friday, January 19th:

**Team project:** Due by 9:00 pm on Friday, February 2nd. You will receive a survey to ask about your team experience once you submit this project.

**Optional asynchronous assignment:** If you have not taken M&L, read this summary and review these slides about the Nadler-Tushman Congruence Model for solving problems and seizing opportunities so. You do not have to use this framework in your team project, but it’s an additional resource if the problems you are tackling in your team have a significant organizational component.
### Additional (Optional) Team Material

  - She has many popular press articles:  
| Videos about teams | • Professor Leigh Thompson (she and I think similarly / differently about topics):  
  - How to build trust on your virtual team:  
    - [https://www.youtube.com/watch?v=UYqKaRSw1CI](https://www.youtube.com/watch?v=UYqKaRSw1CI) |
| Podcasts about teams | • TED Business sometimes includes teams  
• Teams in primary care with Ann O’Malley and Patricia Satterstrom:  
| Virtual teams | • Bakken, R. (2018). Challenges to managing virtual teams and how to overcome them:  
  - [https://www.extension.harvard.edu/professional-development/blog/challenges-managing-virtual-teams-and-how-overcome-them](https://www.extension.harvard.edu/professional-development/blog/challenges-managing-virtual-teams-and-how-overcome-them)  
• Greer, L. (2020). Why remote work makes teams (and leaders) better:  
  - [https://www.entrepreneur.com/article/351142?fbclid=IwAR23T3_S3QZQ4AsAMuAvM_AvAvq0S6Eq0pOqOQflTornMDJx5_uXheP](https://www.entrepreneur.com/article/351142?fbclid=IwAR23T3_S3QZQ4AsAMuAvM_AvAvq0S6Eq0pOqOQflTornMDJx5_uXheP) |
| Virtual meetings | • Axtell, P. (2016). What everyone should know about running virtual meetings. *HBR*  
• Axtell, P. (2016). When your boss is terrible at leading meetings. *HBR*  
• Hale, J., & Grenny, J. (2020). How to get people to actually participate in virtual meetings. *HBR*  
• Molinsky, A. (2020) Virtual meetings don’t have to be a bore. *HBR*  
• Raffoni, M. (2020). 5 questions that (new) virtual leaders should ask themselves. *HBR* |
| Leading teams | • Prof Amy Edmondson’s Ted Talk: How to turn a group of strangers into a team: [https://www.ted.com/talks/amy_edmondson_how_to_turn_a_group_of_strangers_into_a_team?language=en](https://www.ted.com/talks/amy_edmondson_how_to_turn_a_group_of_strangers_into_a_team?language=en)  
• Articles and podcasts compiled: [https://hbr.org/topic/leading-teams](https://hbr.org/topic/leading-teams)  
• Watkins, M. D. (2016). Leading the team you inherit. *HBR* |
| Chilean mining rescue | • Video documentary of Chilean mining rescue: [https://www.youtube.com/watch?v=Tv8unnxymUs](https://www.youtube.com/watch?v=Tv8unnxymUs) |
• **HBR: Neurodiversity as a Competitive Advantage**  
• Ely, R. J., & Thomas, D. A. (2001). Cultural Diversity at Work: The Moderating Effects of Work Group Perspectives on Diversity. *Administrative Science Quarterly* 46(2), 229–273. (This is an academic article, and it might seem long and dense, so skim it to understand the main findings.)  